



February 2026 Resident Program Calendar

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Dinner Orders: Call Between 7:30a-3:00p M-F Continental Breakfast 7:30a-10:30a Willow Rm 2150 Lounge	Event Locations: 2220 (PG) Pub & Game Room (WR) The Willow Room (PR) Pewter Room (GR) Great Room (CAS) Creative Arts Studio (PB) Plaza Bistro (FR) Florida Room	Event Locations: 2150 2150 Lounge (SA) Solstice Atrium (LWP) Live Well Pavilion (AR) Aspen Room (HL) Heron Landing <i>Activities are subject to changes</i>				
1 1:30 Movie: Mission Impossible: The Final Reckoning 	2 10:00 Chair Yoga (LWP) 10:30 Knitters/Crocheters Club (CAS) 11:30 Balance & Action (LWP) 1:00 Drop-In Canasta/ Poker in the Pub (PG) 2:00 Mind & Memory Fitness w/Powerback (LWP)	3 <i>Tide & Zengler Cleaners Drop-Off/Pick-Up</i> 9:00 Barber & Beauty Salon Services (by appt) 10:00 Be Fit While You Sit (LWP) 11:15 Be Fit While You Sit (LWP) 1:00 Drop-In Asian Mah-Jong (HL) 2:00 Sunset/ Dollar Tree Shuttle	4 10:00 Be Fit While You Sit (LWP) 11:15 Be Fit While You Sit (LWP) 1:00 Drop-In Scrabble (PG) 1:30-3:30 Open Arts and Crafts Studio (CAS) 2:00 Current Events w/ Ron Mantegna (GR)	5 <i>DCF Cleaners Drop-Off/Pick-Up</i> 9-11:30 Allied "Ask a Nurse" (LWP) 10:00 Let's Step It Up (LWP) 11:00 Communion (PR) 2:00 Aldi/ Target Shuttle	6 <i>Tide & Zengler Cleaners Drop-Off/Pick-Up</i> 10:00 Be Fit While You Sit (LWP) 11:15 Be Fit While You Sit (LWP) 12:00 MEN's Luncheon (PB) 1:30 Open Bean Bags (LWP)	7 9am Barber & Beauty Salon Services (by appt)
8 1:30 Movie: The Sound of Music 	9 10:00 Chair Yoga (LWP) 10:30 Knitters/Crocheters Club (CAS) 1:00 Drop-In Canasta/ Poker in the Pub (PG) 1-4:00 Dr. Wise, Audiology (LWP) 2:00 Cardio Fun w/ Powerback (LWP)	10 <i>Tide & Zengler Cleaners Drop-Off/Pick-Up</i> 9:00 Barber & Beauty Salon (by appt) 10:00 Dining & Events MTG (2150) 10:00 Be Fit While You Sit (LWP) 11:15 Be Fit While You Sit (LWP) 1:00 Drop-In Asian Mah-Jong (HL) 2:00 Trader Joe's Shuttle	11 10:00 Be Fit While You Sit (LWP) 11:15 Be Fit While You Sit (LWP) 12:30 Book Club (FR) 1:00 Drop-In Scrabble (GR) 1:30-3:30 Open Arts and Crafts Studio (CAS)	12 <i>DCF Cleaners Drop-Off/Pick-Up</i> 9-11:30 Allied "Ask a Nurse" (LWP) 10:00 Let's Step It Up (LWP) 10:00 Resident Advisory Mtg (GR) 2:00 Jewel/ Osco Shuttle 5:00 Feb Sweethearts Soiree Dinner 7:00 Entertainment w/ Peter Schwendener Jazz Quartet (HL/SA) All Welcome!	13 <i>Tide & Zengler Cleaners Drop-Off/Pick-Up</i> 10:00 Be Fit While You Sit (LWP) 11:15 Be Fit While You Sit (LWP) 12:00 MEN's Luncheon (PB) 1:00 Mid-Day Stretch & Meditation w/ Barb (LWP) 2:00 Open Bean Bags (LWP) 7:00 MOVIE NIGHT: LIAR LIAR (GR)	14  9am Barber & Beauty Salon Services (by appt)
15 1:30 Movie: Dune 	16 10:00 Chair Yoga (LWP) 10:30 Knitters/Crocheters Club (CAS) 11:30 Balance & Action (LWP) 1:00 Drop-In Canasta/ Poker in the Pub (PG) Presidents' Day	17 <i>Tide & Zengler Cleaners Drop-Off/Pick-Up</i> 9:00 Barber & Beauty Salon Services (by appt) 10:00 Be Fit While You Sit (LWP) 11:15 Be Fit While You Sit (LWP) 1:00 Drop-In Asian Mah-Jong (HL) 2:00 Sunset/ Dollar Tree Shuttle 2:00 Julie Strauss PH.D: Wealth Inequality & Democracy (WR)	18 10:00 Be Fit While You Sit (LWP) 11:15 Be Fit While You Sit (LWP) 11:00 Communion (PR) 1:00 Drop-In Scrabble (GR) 1:30-3:30 Open Arts and Crafts Studio (CAS) 1:30 Barry Bradford Presents: The Beach Boys (WR) Ash Wednesday	19 <i>DCF Cleaners Drop-Off/Pick-Up</i> 9-11:30 Allied "Ask a Nurse" (LWP) 10:00 Let's Step It Up (LWP) 1:30 Marcia Hirsch Presents: Birds from a Balcony (WR) 2:00 Aldi/ Target Shuttle 7:15 BINGO! (LWP)	20 <i>Tide & Zengler Cleaners Drop-Off/Pick-Up</i> 10:00 Be Fit While You Sit (LWP) 11:15 Be Fit While You Sit (LWP) 12:00 MEN's Luncheon (PB) 1:30 Open Bean Bags (LWP) 2:30 Lunar New Year Happy Hour Celebration (HL) 5:00 Shabbat Dinner by reservation (PR)	21 9am Barber & Beauty Salon Services (by appt)
22 1:30 Movie: CODA 	23 10:00 Chair Yoga (LWP) 10:30 Knitters/Crocheters Club (CAS) 11:30 Balance & Action (LWP) 1:00 Drop-In Canasta/ Poker in the Pub (PG) 1:30 John LeGear Presents: Movie Music Romance (WR)	24 <i>Tide & Zengler Cleaners Drop-Off/Pick-Up</i> 9:00 Barber & Beauty Salon Services (by appt) 10:00 Be Fit While You Sit (LWP) 11:15 Be Fit While You Sit (LWP) 1:00 Drop-In Asian Mah-Jong (HL) 2:00 Trader Joe's Shuttle 2:00 Line & Chair Dance Class (LWP)	25 10:00 Welcome Committee (PR) 10:00 Be Fit While You Sit (LWP) 11:15 Be Fit While You Sit (LWP) 1:00 Drop-In Scrabble (PG) 1:30-3:30 Open Arts and Crafts Studio (CAS) 1:30 Tim Wilsey Presents: The Music of Neil Diamond (GR)	26 <i>DCF Cleaners Drop-Off/Pick-Up</i> 9-11:30 Allied "Ask a Nurse" (LWP) 10:00 Let's Step It Up (LWP) 2:00 Jewel/ Osco Shuttle 5:00 February Birthday Dinner (HL/SA) 	27 <i>Tide & Zengler Cleaners Drop-Off/Pick-Up</i> 10:00 Be Fit While You Sit (LWP) 11:15 Be Fit While You Sit (LWP) 12:00 MEN's Luncheon (PB) 1:00 Mid-Day Stretch & Meditation w/ Barb (LWP) 2:00 Open Bean Bags (LWP)	28 9am Barber & Beauty Salon Services (by appt)

Health & Wellness

Live Well Pavilion

Chair Yoga

Mondays

10:00am

Be Fit While You Sit

Tuesdays

10:00am & 11:15am

Wednesdays

10:00am & 11:15am

Fridays

10:00am & 11:15am

Let's Step it Up

Thursdays

10:00am

Allied Care's "Ask A Nurse"

Thursdays

9:00am- 11:30am

Vitality Checks with Powerback by Appt.

Thursdays

11:00am- 1:00pm

Emergency Phone Number:

(847) 513-9235

Weekly Lunch Bistro:

Call between 11a-1:30pm

Sunday Bistro:

Call between 9a-12:30pm

(847) 739-2489

Continental Breakfast is served M-F 7:30a-10:30a in the 2220 Willow Room & 2150 Lounge.

Dinner Orders:

Call between

7:30a – 3:00p M-F.

(847) 559-8700

February Programs & Events

Current Events with Ron Mantegna

Great Room

Wednesday, February 4th @ 2:00pm

"Celebrate" Sweethearts Soiree" Theme Dinner

Heron Landing / Solstice Atrium

Thursday, February 12th @ 5:00pm

7:00pm Entertainment w/ Peter Schwendener Jazz Quartet (HL) All Welcome!

Current Events w/ Julie Strauss, PH.D – Wealth

Inequality & Democracy

Willow Room

Tuesday, February 17th @ 2:00pm

Barry Bradford presents "The Beach Boys"

Willow Room

Wednesday, February 18th @ 1:30pm

Our member Marcia Hirsch presents "Birds from a Balcony"

Willow Room

Thursday, February 19th @ 1:30pm

BINGO!

Live Well Pavilion

Thursday, February 19th @ 7:15pm

"Lunar New Year" Celebration Happy Hour

Heron Landing

Friday, February 20th @ 2:30pm

John LeGear presents "Movie Music Romance II"

Willow Room

Monday, February 23rd @ 1:30pm

Line and Chair Dance Class w/ Cheryl Kelly

Live Well Pavilion

Tuesday, February 11th @ 2:00pm

Tim Wilsey presents "The Music & Life of Neil Diamond"

Great Room

Wednesday, February 25th @ 1:30pm

FEBRUARY BIRTHDAY DINNER

Heron Landing / Solstice Atrium

Thursday, February 26th @ 5:00pm

February 2026

Resident Program Calendar

January Birthday Dinner



January "Winter White" Celebration Dinner



www.lodgeofnorthbrook.com

Main Phone Number: (847) 559-8700

