

March 2026 Resident Program Calendar



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
1 1:30 Movie: LA LA LAND 	2 10:00 Chair Yoga (LWP) 10:30 Knitters/Crocheters (CAS) 11:30 Balance & Action (LWP) 1:00 Drop-In Canasta/ Poker in the Pub (PG) 2-3:00 On-Site Jewelry Repair (LWP) <i>It's New!</i>	3 Tide & Zengler Cleaners Drop-Off/Pick-Up 9:00 Barber & Beauty Salon (by appt) 10:00 Be Fit While You Sit (LWP) 11:15 Be Fit While You Sit (LWP) 1:00 Drop-In Asian Mah-Jong (HL) 2:00 Sunset/Dollar Tree Shuttle	4 10:00 Be Fit While You Sit (LWP) 11:15 Be Fit While You Sit (LWP) 1:00 Drop-In Scrabble (PG) Current Events w/ Ron Mantegna (GR) 2:00	5 DCF Cleaners Drop-Off/Pick-Up 9-11:30 Allied "Ask a Nurse" (LWP) 10:00 Let's Step It Up (LWP) 11:00 Communion (PR) 2:00 Hummers & Strummers Perform, Patty Turner Ctr (WR) Aldi/ Target Shuttle 2:00	6 Tide & Zengler Cleaners Drop-Off/Pick-Up 10:00 Be Fit While You Sit (LWP) 11:15 Be Fit While You Sit (LWP) 12:00 MEN'S Luncheon (PB) 1:00 Mid-Day Stretch & Meditation w/ Barb (LWP) 2:00 Open Bean Bags (LWP)	7 9am Barber & Beauty Salon Services (by appt)
8 1:30 Movie: THE NAKED GUN (New Release) Daylight Savings	9 10:00 Chair Yoga (LWP) 10:30 Knitters/Crocheters (CAS) 11:30 Balance & Action (LWP) 1:00 Drop-In Canasta/ Poker in the Pub (PG) 1-4:00 Dr. Wise, Audiology (LWP) 2:00 Cardio Fun w/ Powerback (LWP)	10 Tide & Zengler Cleaners Drop-Off/Pick-Up 9:00 Barber & Beauty Salon (by appt) 10:00 Dining & Events MTG (PR) 10:00 Be Fit While You Sit (LWP) 11:15 Be Fit While You Sit (LWP) 1:00 Drop-In Asian Mah-Jong (HL) 2:00 Trader Joe's Shuttle 2:00 Line & Chair Dance Exercise Class (LWP)	11 10:00 Be Fit While You Sit (LWP) 11:15 Be Fit While You Sit (LWP) 12:30 Book Club (FL) 1:00 Drop-In Scrabble (PG) 1:30-3:30 Open Arts and Crafts Studio (CAS)	12 DCF Cleaners Drop-Off/Pick-Up 9-11:30 Allied "Ask a Nurse" (LWP) 10:00 Let's Step It Up (LWP) 10:00 Resident Advisory Mtg (GR) Jewel/ Osco Shuttle 2:00 5:00 March "Luck of the Irish" Theme Dinner (HL/SA) 7:00 Entertainment: The Chicago Irish Band (HL) All Welcome!	13 Tide & Zengler Cleaners Drop-Off/Pick-Up 10:00 Be Fit While You Sit (LWP) 11:15 Be Fit While You Sit (LWP) 12:00 MEN's Luncheon (PB) 1:30 Open Bean Bags (LWP) 7:00 MOVIE NIGHT: MY COUSIN VINNY (GR)	14 9am Barber & Beauty Salon Services (by appt)
15 1:30 Movie: DANCE FIRST (New Release) 	16 10:00 Chair Yoga (LWP) 10:30 Knitters/Crocheters (CAS) 11:30 Balance & Action (LWP) 1:00 Drop-In Canasta/ Poker in the Pub (PG) 1:00 Library Movie on Wheels: "About Schmidt" & Discussion w/ Aaron (GR)	17 Tide & Zengler Cleaners Drop-Off/Pick-Up 9:00 Barber & Beauty Salon (by appt) 10:00 Be Fit While You Sit (LWP) 11:15 Be Fit While You Sit (LWP) 1:00 Drop-In Asian Mah-Jong (HL) 2:00 Sunset/Dollar Tree Shuttle St. Patrick's Day	18 10:00 Be Fit While You Sit (LWP) 11:15 Be Fit While You Sit (LWP) 1:00 Drop-In Scrabble (PG) 1:30-3:30 Open Arts and Crafts Studio (CAS) 1:30 Barry Bradford presents: Edward R. Murrow vs. Joseph McCarthy (GR)	19 DCF Cleaners Drop-Off/Pick-Up 9-11:30 Allied "Ask a Nurse" (LWP) 10:00 Let's Step It Up (LWP) 11:00 Communion (PR) 1:30 Gary Midkiff: The 1960's Series, Part 2 (GR) Aldi/ Target Shuttle 2:00 7:15 BINGO! (LWP)	20 Tide & Zengler Cleaners Drop-Off/Pick-Up 10:00 Be Fit While You Sit (LWP) 11:15 Be Fit While You Sit (LWP) 12:00 MEN's Luncheon (PB) Open Bean Bags (LWP) 1:30 "Spring is Blooming" Happy Hour (HL) 5:00 Shabbat Dinner by reservation (AR) Spring Is Here!	21 9am Barber & Beauty Salon Services (by appt)
22 1:30 Movie: JULIE & JULIA 	23 10:00 Chair Yoga (LWP) 10:30 Knitters/Crocheters (CAS) 1:00 Drop-In Canasta/ Poker in the Pub (PG)	24 Tide & Zengler Cleaners Drop-Off/Pick-Up 9:00 Barber & Beauty Salon (by appt) 10:00 Be Fit While You Sit (LWP) 11:15 Be Fit While You Sit (LWP) 1:00 Drop-In Asian Mah-Jong (HL) 2:00 Trader Joe's Shuttle 2:00 Julie Strauss PH.D: The War in Ukraine - 4-Year Mark (GR)	25 10:00 Welcome Committee (PR) 10:00 Be Fit While You Sit (LWP) 11:15 Be Fit While You Sit (LWP) 1:00 Drop-In Scrabble (PG) 1:30-3:30 Open Arts and Crafts Studio (CAS) 1:30 Tim Wilsey presents: Famous Irish Actors (GR)	26 DCF Cleaners Drop-Off/Pick-Up 9-11:30 Allied "Ask a Nurse" (LWP) 10:00 Let's Step It Up (LWP) 2:00 Jewel/ Osco Shuttle 5:00 March Birthday Dinner (HL/SA)	27 Tide & Zengler Cleaners Drop-Off/Pick-Up 10:00 Be Fit While You Sit (LWP) 11:15 Be Fit While You Sit (LWP) 12:00 MEN's Luncheon (PB) 1:00 Mid-Day Stretch & Meditation w/ Barb (LWP) 2:00 Resident Townhall Meeting w/ Cherie (HL)	28 9am Barber & Beauty Salon Services (by appt)
29 1:30 Movie: MR. & MRS. SMITH 	30 10-1:00 Vaccine Clinic (WR) 10:00 Chair Yoga (LWP) 10:30 Knitters/Crocheters (CAS) 1:00 Drop-In Canasta/ Poker in the Pub (PG) 2:00 Mind & Memory (LWP)	31 Tide & Zengler Cleaners Drop-Off/Pick-Up 9:00 Barber & Beauty Salon (by appt) 10:00 Be Fit While You Sit (LWP) 11:15 Be Fit While You Sit (LWP) 1:00 Drop-In Asian Mah-Jong (HL) 2:00 Sunset/Dollar Tree Shuttle 2:00 Cardio Fun w/ Powerback (LWP)	Event Locations: 2150 2150 Lounge (SA) Solstice Atrium (LWP) Live Well Pavilion (AR) Aspen Room (HL) Heron Landing **Activities are subject to changes	Event Locations: 2220 (PG) Pub & Game Room (WR) The Willow Room (PR) Pewter Room (GR) Great Room (CAS) Creative Arts Studio (PB) Plaza Bistro (FR) Florida Room	 Continental Breakfast 7:30a-10:30a Willow Rm 2150 Lounge	30

Health & Wellness

Live Well Pavilion

Chair Yoga

Mondays

10:00am

Be Fit While You Sit

Tuesdays

10:00am & 11:15am

Wednesdays

10:00am & 11:15am

Fridays

10:00am & 11:15am

Let's Step it Up

Thursdays

10:00am

Allied Care's "Ask A Nurse"

Thursdays

9:00am- 11:30am

Vitality Checks with Powerback by Appt.

Thursdays

11:00am- 1:00pm

March Programs & Events

Seth Weiner, Owner Mobile Jewelry Repair (It's NEW)

Live Well Pavilion

Monday, March 2nd @ 2:00-3:00pm

Current Events with Ron Mantegna

Great Room

Wednesday, March 4th @ 2:00pm

Hummers & Strummers Perform, Patty Turner Center

Willow Room

Thursday, March 5th @ 2:00pm

Line and Chair Dance Class w/ Cheryl Kelly

Live Well Pavilion

Tuesday, March 10th @ 2:00pm

Celebrate "The Luck of the Irish" Theme Dinner

Heron Landing / Solstice Atrium

Thursday, March 12th @ 5:00pm

*7:00pm Singing Entertainment w/ The Chicago Irish Band
(HL) All Welcome!*

*Library Movie on Wheels "About Schmidt" followed by
discussion w/ Aaron*

Great Room

Monday, March 16th @ 1:00pm

*Barry Bradford presents "Edward R. Murrow vs. Joseph
McCarthy"*

Great Room

Wednesday, March 18th @ 1:30pm

Gary Midkiff presents "The 1960's Series, Part 2"

Great Room

Thursday, March 19th @ 1:30pm

"Spring is Blooming" Happy Hour

Heron Landing

Friday, March 20th @ 2:30pm

*Julie Strauss PH.D presents: The War in Ukraine, 4-Year
Mark*

Great Room

Tuesday, March 24th @ 2:00pm

Tim Wilsey presents "Famous Irish Actors"

Great Room

Wednesday, March 25th @ 1:30pm

Vaccine Clinic

Willow Room

Monday, March 30th 10:00am – 1:00pm

MARCH BIRTHDAY DINNER

Heron Landing / Solstice Atrium

Thursday, March 26th @ 5:00pm

Emergency Phone Number:
(847) 513-9235

Weekly Lunch Bistro:

Call between 11a-1:30pm

Sunday Bistro:

Call between 9a-12:30pm

(847) 739-2489

**Continental Breakfast is served M-F
7:30a-10:30a in the 2220 Willow
Room & 2150 Lounge.**

Dinner Orders:

Call between
7:30a – 3:00p M-F.

(847) 559-8700

March 2026

Resident Program Calendar

February Birthday Dinner



February "Sweethearts Soiree" Celebration Dinner



www.lodgeofnorthbrook.com

Main Phone Number: (847) 559-8700

