









April 2026 Resident Program Calendar

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<p>Dinner Orders: Call Between 7:30a-3:00p M-F Continental Breakfast 7:30a-10:30a Willow Rm 2150 Lounge</p>	<p>Event Locations: 2150 2150 Lounge (SA) Solstice Atrium (LWP) Live Well Pavilion (AR) Aspen Room (HL) Heron Landing <i>Activities are subject to changes</i></p>	<p>Event Locations: 2220 (PG) Pub & Game Room (WR) The Willow Room (PR) Pewter Room (GR) Great Room (CAS) Creative Arts Studio (PB) Plaza Bistro (FR) Florida Room</p>	<p>1 10:00 Be Fit While You Sit (LWP) 11:15 Be Fit While You Sit (LWP) 1:00 Drop-In Scrabble (PG) 1:30- Open Arts and Crafts Studio 3:30 (CAS) Passover Begins</p>	<p>2 <i>DCF Cleaners Drop-Off/Pick-Up</i> 9-11:30 Allied "Ask a Nurse" (LWP) 10:00 Let's Step It Up (LWP) 11:00 Communion (PR) 2:00 Jewel/Osco Shuttle 2:00 Current Events w/ Ron (GR)</p>	<p>3 <i>Tide & Zengler Cleaners Drop-Off/Pick-Up</i> 10:00 Be Fit While You Sit (LWP) 11:15 Be Fit While You Sit (LWP) 12:00 MEN'S Luncheon (PB) 1:30 Open Bean Bags (LWP) Good Friday</p>	<p>4 9am Barber & Beauty Salon Services <i>(by appt)</i></p>
<p>5 1:30 Movie: HELLO DOLLY  Easter </p>	<p>6 10:00 Chair Yoga (LWP) 10:30 Knitters/Crocheters Club (CAS) 11:30 Balance & Action (LWP) 1:00 Drop-In Canasta/ Poker in the Pub (PG) 2-3:00 Mobile Jewelry Repair (LWP)</p>	<p>7 <i>Tide & Zengler Cleaners Drop-Off/Pick-Up</i> 9:00 Barber & Beauty Salon <i>(by appt)</i> 10:00 Be Fit While You Sit (LWP) 11:15 Be Fit While You Sit (LWP) 1:00 Drop-In Asian Mah-Jong (HL) 2:00 Sunset/ Dollar Tree Shuttle</p>	<p>8 11- Wellness Expo (2150, Heron Landing) 1:00 Book Club (FL) 12:30 Drop-In Scrabble (GR) 1:00 Open Arts and Crafts Studio 3:30 (CAS)</p>	<p>9 <i>DCF Cleaners Drop-Off/Pick-Up</i> 9-11:30 Allied "Ask a Nurse" (LWP) 10:00 Let's Step It Up (LWP) 10:00 Resident Advisory Mtg (GR) 2:00 Aldi/Target Shuttle 5:00 April Birthday Dinner (HL/SA) </p>	<p>10 <i>Tide & Zengler Cleaners Drop-Off/Pick-Up</i> 10:00 Be Fit While You Sit (LWP) 11:15 Be Fit While You Sit (LWP) 12:00 MEN's Luncheon (PB) 1:00 Mid-Day Stretch & Meditation w/ Barb (LWP) 2:00 Open Bean Bags (LWP)</p>	<p>11 9am Barber & Beauty Salon Services <i>(by appt)</i></p>
<p>12 1:30 Movie: THE HEAT </p>	<p>13 10:00 Chair Yoga (LWP) 10:30 Knitters/Crocheters Club (CAS) 11:30 Balance & Action (LWP) 1:00 Drop-In Canasta/Poker in the pub (PG) 1-4:00 Dr. Wise, Audiology (LWP) 2:00 Cardio Fun w/ Powerback (LWP)</p>	<p>14 <i>Tide & Zengler Cleaners Drop-Off/Pick-Up</i> 9:00 Barber & Beauty Salon <i>(by appt)</i> 10:00 Dining & Events MTG (PR) 10:00 Be Fit While You Sit (LWP) 11:15 Be Fit While You Sit (LWP) 1:00 Drop-In Asian Mah-Jong (HL) 2:00 Trader Joe's Shuttle</p>	<p>15 10:00 Be Fit While You Sit (LWP) 11:15 Be Fit While You Sit (LWP) 1:00 Drop-In Scrabble (PB) 1:30- Open Arts and Crafts Studio 3:30 (CAS) 1:30 Barry Bradford Presents: Best of George Clooney (GR)</p>	<p>16 <i>DCF Cleaners Drop-Off/Pick-Up</i> 9-11:30 Allied "Ask a Nurse" (LWP) 10:00 Let's Step It Up (LWP) 11:00 Communion (PR) 2:00 Jewel/Osco Shuttle 7:15 BINGO! (LWP)</p>	<p>17 <i>Tide & Zengler Cleaners Drop-Off/Pick-Up</i> 10:00 Be Fit While You Sit (LWP) 11:15 Be Fit While You Sit (LWP) 12:00 MEN's Luncheon (PB) 1:30 Open Bean Bags (LWP) 1:30 HERstory Performs: Women of The Windy City (HL) A "Bloom & Gather" Happy Hour (HL) Celebrate our Earth!</p>	<p>18 9am Barber & Beauty Salon Services <i>(by appt)</i></p>
<p>19 1:30 Movie: TOP GUN </p>	<p>20 10:00 Chair Yoga (LWP) 10:30 Knitters/Crocheters Club (CAS) 1:00 Drop-In Canasta/Poker in the pub (PG) 2:00 Line & Chair Dance Exercise Class (LWP)</p>	<p>21 <i>Tide & Zengler Cleaners Drop-Off/Pick-Up</i> 9:00 Barber & Beauty Salon <i>(by appt)</i> 10:00 Be Fit While You Sit (LWP) 11:15 Be Fit While You Sit (LWP) 1:00 Drop-In Asian Mah-Jong (HL) 2:00 Julie Strauss PH.D: Silicon Valley's Influence on Politics (GR) 2:00 Sunset / Dollar Tree Shuttle</p>	<p>22 Earth Day 10:00 Be Fit While You Sit (LWP) 11:15 Be Fit While You Sit (LWP) 1:00 Drop-In Scrabble (GR) 1:30- Open Arts and Crafts Studio (CAS) 3:30 5:00 April "Hollywood Glam" Dinner (HL/SA) 7:00 Singing Entertainment w/ Kristin Lelm (HL) All Welcome!</p>	<p>23 <i>DCF Cleaners Drop-Off/Pick-Up</i> 9-11:30 Allied "Ask a Nurse" (LWP) 10:00 Let's Step It Up (LWP) 2:00 Aldi/Target Shuttle</p>	<p>24 <i>Tide & Zengler Cleaners Drop-Off/Pick-Up</i> 10:00 Be Fit While You Sit (LWP) 11:15 Be Fit While You Sit (LWP) 12:00 MEN's Luncheon (PB) 1:00 Mid-Day Stretch & Meditation w/ Barb (LWP) 2:00 Open Bean Bags (LWP) 7:00 Movie Night: TWISTERS (GR)</p>	<p>25 9am Barber & Beauty Salon Services <i>(by appt)</i></p>
<p>26 1:30 Movie: THE QUIET MAN </p>	<p>27 10:00 Chair Yoga (LWP) 10:30 Knitters/Crocheters Club (CAS) 11:30 Balance & Action (LWP) 1:00 Drop-in Canasta/Poker in the pub (PG) 2:00 Mind & Memory Fitness (LWP)</p>	<p>28 <i>Tide & Zengler Cleaners Drop-Off/Pick-Up</i> 9:00 Barber & Beauty Salon <i>(by appt)</i> 10:00 Be Fit While You Sit (LWP) 11:15 Be Fit While You Sit (LWP) 1:00 Drop-In Asian Mah-Jong (HL) 2:00 Trader Joe's Shuttle</p>	<p>29 10:00 Welcome Committee (PR) 10:00 Be Fit While You Sit (LWP) 11:15 Be Fit While You Sit (LWP) 11:15 Drop-In Scrabble (PB) 1:00 Open Arts and Crafts Studio (CAS) 1:30- Studio (CAS) 3:30 Tim Wilsey: Remembering Cheers the TV Series (GR) 1:30</p>	<p>30 <i>DCF Cleaners Drop-Off/Pick-Up</i> 9-11:30 Allied "Ask a Nurse" (LWP) 10:00 Let's Step It Up (LWP) 1-3:00 Kindness Chains pop-up boutique (LWP) 2:00 Jewel/Osco Shuttle</p>	<p style="text-align: center;">April Showers  Bring May Flowers</p>	<p style="text-align: center;"></p>

Health & Wellness

Live Well Pavilion

Chair Yoga

Mondays
10:00am

Be Fit While You Sit

Tuesdays
10:00am & 11:15am

Wednesdays

10:00am & 11:15am

Fridays

10:00am & 11:15am

Let's Step it Up

Thursdays
10:00am

Allied Care's "Ask A Nurse"

Thursdays
9:00am- 11:30am

Vitality Checks with Powerback by Appt.

Thursdays
11:00am- 1:00pm

Emergency Phone Number:
(847) 513-9235

Weekly Lunch Bistro:
Call between 11a-1:30pm

Sunday Bistro:
Call between 9a-12:30pm
(847) 739-2489

Continental Breakfast is served M-F 7:30a-10:30a in the 2220 Willow Room & 2150 Lounge.

Dinner Orders:
Call between
7:30a – 3:00p M-F.
(847) 559-8700

April Highlighted Programs & Events

Current Events with Ron Mantegna
Great Room
Thursday, April 2nd @ 2:00pm

The Lodge Health & Wellness Expo – All Welcome!
Heron Landing
Wednesday, April 8th @ 11:00am-1:00pm

APRIL BIRTHDAY DINNER
Heron Landing / Solstice Atrium
Thursday, April 9th @ 5:00pm

Barry Bradford presents: The Best of George Clooney
Great Room
Wednesday, April 15th @ 1:30pm

BINGO!
Live Well Pavilion
Thursday, April 16th @ 7:15pm

HERstory Performs: Women of the Windy City
Heron Landing
Friday, April 17th @ 1:30-2:30pm

"Bloom & Gather" Happy Hour, Celebrating our Earth!
Heron Landing
Friday, April 17th @ 2:30pm

Line & Chair Routine Dance w/ Cheryl Kelly
Live Well Pavilion
Monday, April 20th @ 2:00pm

Julie Strauss PH.D presents Silicon Valley's Influence on Politics
Great Room
Tuesday, April 21st @ 2:00pm

Celebrate "Hollywood Glam" Theme Dinner
Heron Landing / Solstice Atrium
Wednesday, April 22nd @ 5:00pm
7:00pm Singing Entertainment by Kristin Lelm, All Welcome! (HL)

Tim Wilsey presents "Remembering the TV Series Cheers"
Great Room
Wednesday, April 29th @ 1:30pm

Kindness Chains: Pop-up Boutique
Live Well Pavilion
Thursday, April 30th @ 1:00pm-3:00pm

April 2026

Resident Program Calendar

March "Luck of the Irish" Celebration Dinner



www.lodgeofnorthbrook.com

Main Phone: (847) 559-8700

